



(Registered charity number 1153769)

CHEXS Family Services and Activities January - July 2019

Community



We aim to create a united community, working together with a sense of belief and ownership tackling local issues and improving community relationships.

Homes



We want to help people have a better home life through improved communication, relationships and life skills.

Enrichment



We engage children & young people in positive activities within the community to help raise self-esteem, confidence and aspirations whilst developing vital life skills.

eXtra-mile



We work tirelessly to make a difference and our focus is always to put families' and communities' best interests at the heart of everything we do.

Support



We endeavor to ensure CHEXS' diligence, passion, professionalism, enthusiasm, loyalty and local knowledge provides support for all the families and local communities that we serve.

You can book courses/activities direct via the CHEXS website
www.chexs.co.uk (please press onto the blue courses tab)



CHEXS Family Services and Activities: January - July 2019

CHEXS Easter Craft

Four Swannes	Easter Craft	Tuesday	12 Mar 19	3.30 - 5pm
Brookland Jnr	Easter Craft	Wednesday	13 Mar 19	3.30 - 5pm
Andrews Lane	Easter Craft	Thursday	14 Mar 19	3.30 - 5pm
Holdbrook	Easter Craft	Monday	18 Mar 19	3.30 - 5pm
Longlands	Easter Craft	Tuesday	19 Mar 19	3.30 - 5pm
Downfield	Easter Craft	Wednesday	20 Mar 19	3.30 - 5pm
St Josephs	Easter Craft	Thursday	21 Mar 19	3.30 - 5pm
Churchfield	Easter Craft	Monday	25 Mar 19	3.30 - 5pm
Burleigh	Easter Craft	Tuesday	26 Mar 19	3.30 - 5pm
Millbrook	Easter Craft	Wednesday	27 Mar 19	3.30 - 5pm
Brookland Inf	Easter Craft	Monday	1 Apr 19	3.30 - 5pm
Woodside	Easter Craft	Tuesday	2 Apr 19	3.30 - 5pm
Goffs Oak	Easter Craft	Wednesday	3 Apr 19	3.30 - 5pm
Brookland Inf	Easter Craft	Thursday	4 Apr 19	3.30 - 5pm

Paediatric First Aid

First Aid Certificate that meets Ofsted requirements if you work or care for babies and young children. Course fees: Non CHEXS membership school/child minder/professional body/community member £100

Date	Duration	Time
Wednesday 6th / 13th / 20th / 27th March 2019	Over 4 weeks	3 hr session

Basic First Aid

This three hour course will teach you everyday first aid skills. Course fees £27.00 per person

Date	Duration	Time
Friday 8th February 2019	1 Session	3 hours

FREE EAL Club (English as an additional Language) in association with Broxbourne Better Futures



This club is offered to all adults whose first language is not English. To help you develop skills in speaking and listening, reading and writing as well as work on your vocabulary, grammar and pronunciation. At the end of the course you will gain confidence to use English at work and in everyday situations.

Please contact: admin@chexs.co.uk / 07970498966 to find out more information and to book a place.

Course fees must be paid before the start date. A minimum of 8 learners are required for the First Aid courses to be able to run. If the course is cancelled, a full refund will be provided.



CHEXS Family Support Service

CHEXS supports the Local Partnerships & Families First agenda at a local level and will build upon Hertfordshire's successful drive to prevent escalation of needs for families and provide the right response, at the right time, by the right service.

Do you worry about...

- Communicating with your child/teen
- Managing challenging behaviour
- How to help with your child's learning
- Your child's additional needs
- Finances
- Housing
- Loss or bereavement
- Where to go for help and support
- Abusive relationships
- Bullying

CHEXS can help with:

- Support, advice and guidance for parents
- Families First Assessment support, advice and guidance for children and young people
- Family and adult learning courses, Parenting groups
- Signposting to local services and activities
- Enrichment projects for children & young people both supporting their learning and development

CHEXS Family Support Service (FSS) operates within your school/setting for 2-3 hours on a fortnightly basis. *Note: Support is on hand outside these sessions too. Parents can attend support sessions at other schools subject to availability.*

Look out for details of our themed Family Support Sessions

<p>Andrews Lane</p> <p>22-Jan 14-May 05-Feb 04-Jun 26-Feb 18-Jun 12-Mar 02-Jul 26-Mar 16-Jul 30-Apr</p> <p>Tue: 1.00-3.00</p>	<p>Brookland Inf</p> <p>21-Jan 13-May 04-Feb 03-Jun 25-Feb 17-Jun 11-Mar 01-Jul 25-Mar 15-Jul 29-Apr</p> <p>Mon: 8.30-11.30</p>	<p>Brookland Jnr</p> <p>17-Jan 09-May 31-Jan 23-May 14-Feb 13-Jun 07-Mar 27-Jun 21-Mar 11-Jul 04-Apr</p> <p>Thur: 8.30-11.30</p>	<p>Burleigh</p> <p>15-Jan 07-May 29-Jan 21-May 12-Feb 11-Jun 05-Mar 25-Jun 19-Mar 09-Jul 02-Apr</p> <p>Tue: 8.30-11.30</p>	<p>Churchfield</p> <p>14-Jan 06-May 28-Jan 20-May 11-Feb 10-Jun 04-Mar 24-Jun 18-Mar 08-Jul 01-Apr</p> <p>Mon: 8.30-11.30</p>
<p>Downfield</p> <p>24-Jan 16-May 07-Feb 06-Jun 28-Feb 20-Jun 14-Mar 04-Jul 28-Mar 18-Jul 02-May</p> <p>Thur: 8.30-11.30</p>	<p>Four Swannes</p> <p>16-Jan 08-May 30-Jan 22-May 13-Feb 12-Jun 06-Mar 26-Jun 20-Mar 10-Jul 03-Apr</p> <p>Wed: 2.00-4.00</p>	<p>Goffs Churchgate</p> <p>17-Jan 09-May 31-Jan 23-May 14-Feb 13-Jun 07-Mar 27-Jun 21-Mar 11-Jul 04-Apr</p> <p>Thur: 2.00-4.00</p>	<p>Goffs Oak</p> <p>14-Jan 06-May 28-Jan 20-May 11-Feb 10-Jun 04-Mar 24-Jun 18-Mar 08-Jul 01-Apr</p> <p>Mon: 1.00-3.00</p>	<p>Goffs Academy</p> <p>21-Jan 13-May 04-Feb 03-Jun 25-Feb 17-Jun 11-Mar 01-Jul 25-Mar 15-Jul 29-Apr</p> <p>Mon: 2.00-4.00</p>
<p>Holdbrook</p> <p>21-Jan 13-May 04-Feb 03-Jun 25-Feb 17-Jun 11-Mar 01-Jul 25-Mar 15-Jul 29-Apr</p> <p>Mon: 8.30-11.30</p>	<p>Longlands</p> <p>14-Jan 06-May 28-Jan 20-May 11-Feb 10-Jun 04-Mar 24-Jun 18-Mar 08-Jul 01-Apr</p> <p>Mon: 8.30-11.30</p>	<p>Millbrook</p> <p>23-Jan 15-May 06-Feb 05-Jun 27-Feb 19-Jun 13-Mar 03-Jul 27-Mar 17-Jul 01-May</p> <p>Wed: 1.00-3.00</p>	<p>St Josephs</p> <p>24-Jan 16-May 07-Feb 06-Jun 28-Feb 20-Jun 14-Mar 04-Jul 28-Mar 18-Jul 02-May</p> <p>Thur: 1.00-3.00</p>	<p>Woodside</p> <p>22-Jan 14-May 05-Feb 04-Jun 26-Feb 18-Jun 12-Mar 02-Jul 26-Mar 16-Jul 30-Apr</p> <p>Tue: 8.30-11.30</p>



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CHEXS Easter Family Fun Day

Sunday 24th March 2019

At Cedar Park, Waltham Cross

12 Noon to 4pm

Lots of fun for the whole family



**Bouncy
Castles**



Face Painting



Easter Hunt

CHEXS Family Fun Day and Grow Club Finale

Sunday 7th July 2019

At Grundy Park, Cheshunt

12 Noon to 4pm



Lots of activities,
performances and
stalls for families
and children to
enjoy.

Award Ceremony
for the local
schools who
display their
produce in our
Grow Club Finale.



Certificates of Achievement are presented
to the children and young people who have
participated in a CHEXS scheme



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www.chexs.co.uk

**BOROUGH OF
BROXBORNE**
2017: Year of the Environment