



# Broxbourne Pastoral Lead Network

## Termly Newsletter Issue 2

Every term we will be producing a newsletter which will focus on pulling together all of the key local issues, information and support that is being shared across Broxbourne and Hertfordshire.

### Current Local Issues

#### ADASH Update

Following on from the BPLN in March ADASH have forwarded the following information;

You are able to order free copies of information on cannabis, legal high or hard copies of cutting the grass from Health Promotions at;

<http://www.healthpromotioninherts.nhs.uk/HPAC/HPACIndex.jsp>

**PDAS** is the parental drug and alcohol awareness service in Hertfordshire that delivers a free, confidential service offering information, support and advice to parents and carers who may be concerned about their children and drug, alcohol and solvent use or misuse.

Ms Gill Alcock. Phone number 01707 393934, mobile is 07442492482.

The WHAT Drug project has an ex user as one of their workers and may be willing to attend schools. The project is run by Killian and he may be a very helpful resource. His email is;

kbradshaw@what-online.co.uk

**The Living Room** is a Hertfordshire charity that provides structured daily group therapy and one to one counselling and support for people with a whole range of addictions, as well as their families. They enable people to become free of drug and alcohol misuse, eating disorders and behavioural addictions such as love, sex addiction and problem gambling. <http://www.thelivingroom.me.uk>

## **Mental Health**

### **CAMHS Referral Training -Accredited referral training**

#### **Hertfordshire Healthy Young Minds**

**Despite sometimes having the best intelligence about and relationship with a pupil and their family, in the past schools have not been able to refer to specialist CAMHS. In some cases this prolongs the family accessing the right support in a timely way.**

#### **Current picture:**

If a school feels that a referral to specialist CAMHS is required, they must seek the following:

- ┌ A GP assessment / referral.
- ┌ A self or Parental referral to the CAMHS Single Point of Access (SPA).
- ┌ The school nurse making an assessment and referral.
- ┌ A CAF where additional needs are identified.

#### **Problems with the current situation:**

- ┌ Schools are reliant upon parents accessing their GP or SPA.
- ┌ The GP does not always have a good level of intelligence regarding the pupil or their family.
- ┌ A pupil may have had an earlier or previous intervention but the provider may not be aware that this has not worked / issues have escalated since the end of the provision.
- ┌ Schools manage the day to day needs of the pupil and are highly motivate to respond.
- ┌ Schools have not been supported to improve their referral skills.
- ┌ Schools often pursue a referral to Specialist CAMHS which is not an appropriate service in the majority of cases.

**This training will help schools understand more about mental health issues, when to refer and when to feel confident in, or commission their own provision. Hertfordshire Partnership Foundation Trust (current provider of Specialist CAMHS in Hertfordshire) has supported the development of this course.**

#### **Outcomes of the course:**

Participants will be able to:

- ┌ Define mental health
- ┌ Identify impacts on mental health
- ┌ understand the tiers of CAMHS

- [ deconstruct clinical terminology
- [ Select and use assessment tools
- [ Identify school based prevention and intervention
- [ Recognise when to commission provision
- [ Understand how to refer to Tier 2 and 3
- [ Feel more confident about supporting pupils and families

This is a half day course, developed in partnership with Hertfordshire Partnership Foundation Trust, for all those in school tasked with leading on support for pupil mental health:

- [ Pastoral leads
- [ Nominated Mental Health Leads
- [ DSPs
- [ Family support workers
- [ Mentors
- [ SENCOs

Herts for Learning can deliver the training in Broxbourne however Herts for Learning would charge £445 for half day (3hours) for up to 20 people. The cost can be shared between schools if required. There is the option to add the free Mind Ed information session afterwards for those who would wish to stay. Due to other work commitments, Deborah Shepherd the facilitator, can only run the session on a Friday.

If you are interested please contact Julie Cottenden [juliec@chexs.co.uk](mailto:juliec@chexs.co.uk)

### **Other Useful Information**

#### **Child Sexual Exploitation and Internet Safety**

**Barnardo's** - Barnardo's is one of the leading providers of specialist sexual exploitation services to children and young people across the UK. Barnardo's' website is a rich source of resources and information relating to child sexual exploitation and trafficking  
[www.barnardos.org.uk](http://www.barnardos.org.uk)

**The Children's Society** - The Children's Society is one of the leading providers of specialist missing and sexual exploitation services to children and young people across the UK. [www.thechildrenssociety.org](http://www.thechildrenssociety.org)

**NSPCC Inform** - Child protection resources for professionals working to safeguard children [www.nspcc.org.uk/Inform](http://www.nspcc.org.uk/Inform)

**NWG - National Working Group** - UK wide network of practitioners, policy makers and researchers working with children and young people at risk of, or involved in, sexual exploitation. Website provides details of sexual exploitation projects throughout the UK  
[www.nationalworkinggroup.org](http://www.nationalworkinggroup.org)

**Sex Education Forum** - The Sex Education Forum is the national authority on Sex and Relationships Education and represents a collaboration of 47 organisations.  
[www.ncb.org.uk/sef](http://www.ncb.org.uk/sef)

**Child Exploitation and Online Protection Centre (CEOP)** - The Child Exploitation and Online Protection (CEOP) Centre is part of UK police, and is dedicated to protecting children from sexual abuse wherever they may be. In particular, they work to protect and safeguard children and young people's online experiences and reduce the risks associated with new technologies. [www.ceop.gov.uk](http://www.ceop.gov.uk)

**ThinkUknow** - CEOP's Thinkuknow education programme provides information, advice and free resources for professionals, parents and young people aimed at ensuring children and young people stay safe online. [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

**The Railway Children** - Railway Children was launched, to stop the abuse of children living alone and at risk on the streets, through early intervention.  
[www.railwaychildren.org.uk](http://www.railwaychildren.org.uk)

## **Dyspraxia**

The Dyspraxia Foundation have published a series of fact sheets with guidelines and strategies for schools and families to access to help children and young people cope with Dyspraxia.

There is a Hints and Tips advice sheet with information gathered from teenagers with dyspraxia, their parents and some of the professionals who work with them with some interesting ideas.

<http://www.dyspraxiafoundation.org.uk/about-dyspraxia/downloads/>

## **Next Meeting**

Speaker - Jackie Dorma, Deputy Head Hailey Hall – Resilience  
Shelley Taylor, Public Health – Penn Resilience

John Warner School  
17th June 2015. 3.30pm-4.45pm

